

THE CUMBERLAND ARMS

July 2010 Menu

Our Sunday Special: -

Roast sirloin of beef—roast potatoes, parsnips & carrots— Green beans & pancetta— horseradish cream. £15.50

- (v) Roast aubergine & sweet onion soup with cumin, yoghurt & paprika £5
- (v) Caesar salad with parmesan croutons £6.50 – with grilled chicken £8.50
- (v) 'Bruschetta al Pomodoro' – grilled Pugliese bread with vine tomatoes & basil £6
- Baked spicy lamb & spinach pastry – tomato salsa & yoghurt £7.50
- Parma ham & roast pear salad - rocket & balsamic molasses £7.50
- Antipasti platter (to share) £9.50

- (v) Spaghetti with courgette, chilli & olive oil £7/£9.50
- Penne with Italian sausage 'ragù' – tomatoes, oregano & cream £7.50/ £10
- (v) Home-made ravioli with ricotta and spinach – tomato & marjoram £7/£9.50
- (v) Roast cherry tomato & saffron risotto with thyme £7/£9.50

- Salmon & dill fishcakes – sautéed spinach – Hollandaise sauce £11.50
- Roast sea bass fillet – confit tomatoes, artichokes, peas & green beans - 'au pistou' £14
- 'Caldeirada' – Langoustines, prawns, squid, mussels & clams – tomatoes & saffron £15
- Grilled lamb skewers with rosemary – sautéed potatoes with confit garlic – red pepper relish £15
- Grilled Italian sausages – mashed potatoes - sweet onion marmalade £10.50
- Roast duck breast – sweet potato hash with cumin - crispy leeks £14
- Grilled ribeye steak – roast potatoes – salsa verde £15.50

Sandwiches

- (v) Mozzarella with slow roast tomatoes & pesto £8
- Grilled Italian sausage with tomato & chilli jam £8
- Grilled chicken with pancetta & avocado salsa £8.50
- Marinated rump steak with chilli, red wine & onions £9

Sides £3.00

- (v) Mashed potatoes with roasted garlic
- (v) Rocket & shaved parmesan salad
- (v) Sautéed mixed greens
- Roast potatoes with rosemary
- (v) Mixed leaf salad

Desserts

- Peach & almond tart with cream £4.50
- Selection of 'Hey Jude's' ice creams £4.50
- Double chocolate brownie with ice cream £5
- Summer berry pudding with ice cream £4.50
- Selection of French & British cheeses with pear, toasts & biscuits £6.50